# UCDC COVID-19 Response
# COVID-19 Requirements for Residents
Rev. 3/10/2022

## Overview

The UCDC COVID-19 Response Team continues to monitor the pandemic situation closely, including information and guidance from the Centers for Disease Control and Prevention (CDC), local public health officials, our own UC infectious disease experts, and other scientific sources. Regular COVID-19 testing is an essential part of UCDC's COVID-19 Prevention Plan to mitigate the spread of COVID-19.

# All residents must complete the [UCDC Screen](#) DAILY.

## Section I:  Program participants and logistics

### Who needs to be tested

These definitions are used for all COVID-19 protocols as of Jan. 24, 2022 for testing requirements and isolation and quarantine guidance.

1. **Fully Vaccinated and up-to-date** are individuals that have received primary COVID-19 vaccination series (Two shots Pfizer or Moderna or one shot J&J) and, if eligible, their booster according to the CDC booster timeline (Five months after second dose for Pfizer and Moderna and two months after J&J dose).

2. **Partially Vaccinated** are individuals who are (a) eligible for a booster, but not boosted; or (b) those who have only completed their first dose of a two-part vaccine.

3. **Unvaccinated with approved exemption**, compliant with the UC COVID-19 Vaccine policy.

4. **Unvaccinated, no approved exemption**, not compliant with the UC COVID-19 Vaccine policy. Individuals not compliant with the UC COVID-19 Vaccine policy may be prohibited access to UC facilities.

**Everyone who resides in the building is required to follow the below testing requirements:**

- **Fully vaccinated individuals: 2x weekly (Mondays & Thursdays; before 12pm)**
- **Partially vaccinated individuals: 3x weekly (Mondays, Wednesdays, Fridays: before 12pm)**
- **Unvaccinated individuals: 3x weekly (Mondays, Wednesdays, Fridays; before 12pm)**

| **Testing location information and hours of operation** |
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| Test pick-up location and hours | Testing site location and hours |
|---|---|
| **4th Floor Student Services Office**<br>Monday – Friday \| 4:00 pm – 7:00pm<br>Sunday \|7:00 pm – 8:00 pm<br>***Hours subject to change.***<br>***If you need a test kit when the office is closed call 202-415-9275.*** | **Your bedroom**<br>You may test in your bedroom on designated testing days. Please test in the morning, before 12:00 pm.<br>**Multi-Purpose Room A**<br>Monday – Friday \| 6:00am – 12:00 pm<br>• Multiple testing stations are available during testing hours<br>• Stations are physically distanced<br>• Sanitation supplies are available at each station |

## Section II:  Testing procedures

### About BinaxNOW COVID-19 Antigen Self-test (Rapid test)

UCDC will provide over-the-counter BinaxNOW antigen COVID-19 tests for the duration of the interim testing program. Below is a brief overview about the test. More information can be found on the [manufacturers website](#).

BinaxNOW COVID-19 Rapid Self-tests:

- Are simple and easy to use, requiring just a shallow nasal swab you can do yourself
- Detects an active COVID-19 infection, including variants, within 15 minutes

### Instructions to take the test

***Please watch the instructional video and read the pdf instructions below before you pick up your test***. PDF instructions will also be available at each testing station for reference.

1. Watch the instructional video: https://www.youtube.com/watch?v=baQQfoX-JXo
2. PDF instructions will be sent via email and Canvas

**IMPORTANT notes:**

- Wash or sanitize your hands prior to opening the test kit
- Handle the test kit card only by the edges. Do not touch any parts on the inside of the test card
- Use one test at a time. Each kit contains two tests. Use the second test the next time you are required to test or if your first test result is invalid.

### How to obtain a COVID-19 rapid test

Each rapid test kit contains two tests. After you pick up your test kit, you may take it to your apartment to administer the test or use a testing station in the Multi-Purpose Room.

Test #1 instructions

1. Go to the Student Services Desk to receive your rapid test kit
2. Take one of the tests at a testing station in the MPR or in your apartment
3. Wait 15-minutes before you interpret results
4. See below for instructions on what to do once you've interpreted results

Test #2 instructions

1. Take the rapid test in the morning prior to leaving your apartment, 3-4 days after Test #1.
2. Wait 15-minutes before you interpret results.
3. See below for instructions on what to do once you've interpreted results.

**Instructions for a negative test result**

If your test result is negative:

- Write the date on the test card and take a picture of the negative test result.
- Store the picture on your phone for the next 60 days.
- Be ready to show proof of testing if asked by a member of the security staff or UCDC Administration.
- You may leave your apartment and resume regular activities, following all existing COVID-19 protocols.

**Instructions for a positive test result**

If your test result is positive:

- Write the date on the test card and take a picture of the positive test result.
- Return to or remain in your apartment.
- Call 202-415-9275 to notify the Student Services team of a positive test result. You will receive instructions and next steps.
- Schedule an appointment locally to take a PCR test to confirm the rapid, antigen test result. ([DC testing locations](#))
- Contact your internship supervisor for instruction for working remotely/taking leave.
- Contact Professor Diascro as you will be missing your seminar and/or elective class.

**Instructions for an invalid test result**

In some cases, the test may be invalid (*see pdf instructions above for examples of an invalid test*). An invalid test means the test was unable to determine whether you have COVID-19 or not. A new test is needed to get a valid result. If you receive an invalid result:

1. Retake the rapid test using the second test kit in the box.
2. If you have already used both of the tests in the test kit, return to the Student Services desk to pick up another test kit.

## Section IV:  COVID-19 Masking Requirements

**A cloth face covering alone no longer meets UCDC COVID-19 masking requirements.** An acceptable face covering is a surgical mask, a medical procedure mask, a respirator worn voluntarily, or a tightly woven fabric or non-woven material of at least two layers that completely covers the nose and mouth and is secured to the head with ties, ear loops, or elastic bands that go behind the head. A face covering does not include a scarf, ski mask, balaclava, bandana, turtleneck, collar, or single layer of fabric (*e.g., most cloth face coverings).

**All individuals on-site at UCDC are required to wear one of the following mask options effectively immediately:**
1. N95 respirator (best protection)
2. KF94 respirator (better protection than KN95 and medical mask)
3. KN95 masks (better protection than medical masks) that have been tested by the CDC and have a filter efficiency of at least 95% (If you do choose to use a KN95, we recommend finding a KN95 that has been tested by NIOSH and has a minimum "filtration efficiency" of 95% or higher.)
4. A medical mask (also referred to as a surgical or procedure mask). Masks should be ASTM certified.
5. All masks need to be properly worn, snuggly-fit over nose, mouth, chin with no large gaps (*e.g.* on the side of the face or nose, etc.) This can be achieved by: • Flipping the ear loops and tucking mask folds to close the gaps on the sides of the face.
• Knotting the ear loops close to the mask and tucking folds to close the gaps on the sides of the face.
• Wearing a snug-fitting cloth mask over the medical mask to close any gaps around the medical mask.

6. A cloth mask may not be worn alone, but may be worn over a medical mask to provide better fit or as a matter of personal preference.

UCDC has N95 and KN95 masks available to all on-site staff and students in all locations. Staff may also use personally purchased masks that meet the above masking requirements.

**Wearing and caring for your mask**:
All masks should be worn according to the manufacturer's wear instructions. For more information on masks, fit, and care, please see information from the CDC on how to Improve How Your Mask Protects You and how to Improve the Fit and Filtration of Your Mask to Reduce the Spread of COVID-19.

## Section V:  Updated Guest Policy – effective 3/26/2022

**Residents are allowed to have guests from other apartments in their apartment.**

**NO OUTSIDE GUESTS ARE PERMITTED**

**An approved Apartment Agreement Form must be on file with Residential Services to have guests.**

**Apartments are limited to a total of 2 guests at a time.**

## Section VI:  Designated Public Eating Locations

Designated eating/drinking locations are available at UCDC.  You may remove your mask while actively eating or drinking in the following locations if you are Fully Vaccinated and Up To Date:

- 4th Floor Outdoor Terrace
- 4th Floor Avenue C
- Designated event and meeting spaces where food/drink are served.  Signage will be provided if the space is designated for mask removal while eating and drinking.